

Morning Snacks:
A variety of crackers, yo-
gurt, breakfast bars, cottage
cheese and fruit are served
with juice or milk.

Lunch: Milk is served with
lunch each day.



Little Leaders January 2023



Afternoon Snacks:
Mon: Cheese and Cracker
Tues: Pretzels and Cottage
Cheese
Wed: Graham Crackers and
Milk
Thurs: Yogurt and Animal
Crackers
Fri: Nutri-Grain Bar and Milk

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2 Cheeseburger Mac Corn Pears	3 Corn Dogs Peas Pineapple	4 Deli Meat and Cheese Roll-Up Green Beans Applesauce	5 Spaghetti with Meat Sauce Fresh Peppers Mandarin Oranges	6 Mini Tacos Mixed Vegetables Mixed Fruit	7
8	9 Pizza Pasta Peas Rosy Applesauce	10 Fish Sticks Bread and Butter Broccoli Peaches	11 Breakfast Bites Bananas Pineapple	12 BBQ Beef and Cheese Pasta Green Beans Pears	13 Pretzel Dogs Mixed Vegetables Mixed Fruit	14
15	16 Little Leaders CLOSED for Professional Development Day	17 Steak Fingers Bread and Butter Peas Mandarin Oranges	18 Chili Dog on Bun Green Beans Pears	19 Pancakes Cheese Stick Bananas Peaches	20 Meatballs Buttered noodles Mixed Vegetables Mixed Fruit	21
22	23 Chicken Parmesan Broccoli Pineapple	24 Cheese Tortellini Corn Peaches	25 Chicken and Cheese Flautas Cucumbers Mandarin Oranges	26 Pizza Roll-Up Green Beans Applesauce	27 Sloppy Cheeseburger Mixed Vegetables Mixed Fruit	28
29	30 BBQ Ranch Burger Peas Pears	31 Sweet and Sour Chicken w/ Rice Corn Rosy Applesauce	1 Chicken Alfredo Salad Pineapple	2 Bosco Sticks Carrots Peaches	3 Biscuits with Sausage Gravy Mandarin Oranges Mixed Fruit	4